

## Pre-Treatment Instructions – BBL / IPL

- Please avoid wearing make-up or lotion to your appointment
- Retinol / Retin-A should be stopped two weeks prior to BBL / IPL treatment
- Waxing should also be avoided two weeks prior and post BBL / IPL treatment
- A gentle cleanser (without acids) should be used post treatment
- A minimum of SPF 30 should be worn post treatment
- Tanning and Spray Tanning should be avoided prior to your treatment

----- Forever Bare BBL -----

- If you are having Forever BARE BBL (Hair removal) to your underarms, please do not wear deodorant to the clinic on the day of your treatment
- Waxing should be avoided during your Forever BARE BBL treatments. Shaving is okay.

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**Clinique Dallas MedSpa and Laser Center** offers *Skinceuticals* in order to help achieve the best results with post treatment skin care.

Products recommended following BBL/IPL treatment are:

- Gentle Cleanser (AM&PM)
- Epidermal Repair (AM, PM, and as needed)
- Physical UV Defense SPF 30 (AM and before sun exposure)