

AFTERCARE – Neurotoxin Injections

Whether this is your first treatment or a subsequent treatment, please follow these instructions:

- Do not bend over or lay flat for a minimum of 4 hours following treatment.
- Do not rub, massage or apply pressure to the treated region for a minimum of 4 hours after treatment. This includes applying make-up, facial cleansers or creams, or wearing a hat, scarf, headband or any other garment or accessory that may put pressure on the treatment region.

The following are normal experiences that can occur following treatment:

- Tenderness or a mild bruising at the injection site. A mild headache or absence of headache.
- Although very rare, there is the potential to experience mild flu-like symptoms.
- Asymmetry is possible: Opposite sides of your face, and different facial regions may react at different times to treatment. This is normal. If asymmetry is not corrected within 7-10 days following your injection, contact our office immediately; your dosage may need to be adjusted.

To alleviate any discomfort and to reduce potential swelling you may gently, and without pressure, apply cool, not cold compresses to the treatment site. Crushed ice or ice packs must be wrapped in a towel. Do not apply ice or anything frozen directly to the skin. Apply cool compresses for no longer than 20-minute intervals.

You may or may not be instructed to contract the muscles in the injected area several times in the following few days. Follow the instructions you are given.

The neurotoxin will begin to take effect within 3 to 6 days following treatment, with full benefits by 2 weeks. The neurotoxin will inhibit your ability to make certain expressions, and will soften and relax the associated expression lines. However it may take several treatments to diminish deeper expression lines.

Follow-up treatment is recommended approximately every 3-4 months for frown line and facial expression treatment and every 6 months for treatment of excessive perspiration, or when you notice your conditions are returning to a pre-treatment state. However, you may call our office at any time with your concerns or for needed follow-up.

- The effect of the neurotoxin on your inability to make certain facial expressions will last 3 or 4 months. Once you notice movement is returning to the treated facial region, it is important to repeat your treatment. If treatment is not repeated, your expression lines and the resulting facial creases will return.
- The effects of neurotoxins are compounding. With each subsequent treatment deeper lines and creases will continue to improve.