

## MEDICATIONS TO AVOID

If you are taking any medications on this list, they should be discontinued 2 weeks prior to a procedure and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter, herbal, or not listed in this list – that you are currently taking must be specifically cleared by your surgeon prior to surgery.

- Aspirin
- 4-Way Cold Tabs
- 5-Aminosalicylic Acid
- Acetilsalicylic Acid
- Actron
- Adprin-B products
- Aleve
- Alka-Seltzer products
- Amigesic Argesic-SA
- Anacin products
- Anexsia w/Codeine
- Arthra-G
- Arthriten products
- Arthritis Foundation products
- Arthritis Pain Formula
- Arthritis Strength BC Powder
- Arthropan
- ASA
- Asacol
- Ascriptin products
- Aspergum
- Asprimox products
- Axotal
- Azdone
- Azulfidine products
- B-A-C
- Backache Maximum Strength Relief
- Bayer Products
- BC Powder
- Bismatrol products
- Buffered Aspirin
- Bufferin products
- Buffetts 11
- Buffex
- Butal/ASA/Caff
- Butalbital Compound
- Cama Arthritis Pain Reliever
- Carisoprodol Compound
- Cataflam
- Cheracol
- Choline Magnesium Trisalicylate
- Choline Salicylate
- Cope
- Coricidin
- Cortisone Medications
- Damason-P
- Darvon Compound-65
- Darvon/ASA
- Diclofenac
- Dipentum
- Disalcid
- Doan's products
- Dolobid
- Dristan
- Duragesic
- Easprin
- Ecotrin products
- Empirin products
- Equagesic
- Etodolac
- Excedrin products
- Fiorgen PF
- Fiorinal products
- Flurbiprofen
- Gelpirin
- Genprin
- Gensan
- Goody's Extra Strength Headache Powders
- Halfprin products
- IBU
- Indomethacin products
- Isollyl Improved
- Kaodene
- Lanorinal
- Ibuprohm
- Lodine
- Lortab ASA
- Magan
- Magnaprin products
- Magnesium Salicylate
- Magsal
- Marnal
- Marthritic
- Mefenamic Acid
- Meprobamate
- Mesalamine
- Methocarbarnol
- Micrainin
- Mobidin
- Mobigesic
- Momentum
- Mono-Gesic
- Motrin products
- Naprelan
- Naproxen
- Night-Time Effervescent Cold
- Norgesic products
- Norwich products
- Olsalazine
- Orphengesic products
- Orudis products
- Oxycodonc
- Pabalate products
- P-A-C
- Pain Reliever Tabs
- Panasal
- Pentasa
- Pepto-Bismol
- Percodan products
- Phenaphen/Codeine #3
- Pink Bismuth
- Piroxicam
- Propoxyphene Compound products
- Robaxisal
- Rowasa
- Roxeprin
- Saletto products
- Salflex
- Salicylate products
- Salsalate
- Salsitab
- Scot-Tussin Original 5-Action
- Sine-off
- Sinutab
- Sodium Salicylate
- Sodol Compound
- Soma Compound
- St. Joseph Aspirin
- Sulfasalazine
- Supac
- Suprax
- Synalgos-DC
- Talwin
- Triaminicin
- Tricosal
- Trilisate
- Tussanil DH
- Tussirex products
- Ursinus-Inlay
- Vanquish
- Wesprin
- Willow Bark products
- Zorprin

## Ibuprofen Medications to Avoid

*Affect blood clotting.*

- Acular (ophthalmic)
- Advil products
- Anaprox products
- Ansaid
- Clinoril
- Daypro
- Dimetapp Sinus
- Dristan Sinus
- Feldene
- Fenoprofen
- Genpril
- Haltran
- Indochron E-R
- Indocin products
- Ketoprofen
- Ketorolac
- Ibuprin
- Ibuprofen
- Meclofenamate
- Meclomen
- Menadol
- Midol-products
- Nabumetone
- Nalfon products
- Naprosyn products
- Naprox X
- Nuprin
- Ocufer (ophthalmic)
- Oruvail
- Oxaprozin
- Ponstel
- Profenal
- Relafen
- Rhinocaps
- Sine-Aid products
- Sulindac
- Suprofen
- Tolectin products
- Tolmetin
- Toradol
- Voltaren

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## Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

*Intensify anesthesia, serious cardiovascular effects.*

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## Tricyclic Antidepressants to Avoid

*Intensify anesthesia, cardiovascular effects*

- Adapin
- Amitriptyline
- Amoxapine
- Anafranil
- Asendin
- Aventyl
- Clomipramine
- Desipramine
- Doxepin
- Elavil
- Endep
- Etrafon products
- Imipramine
- Janimine
- Limbitrol products
- Ludiomil
- Maprotiline
- Norpramin
- Nortriptyline
- Pamelor
- Pertofrane
- Protriptyline
- Sinequan
- Surmontil
- Tofranil
- Triavil
- Trimipramine
- Vivactil

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## Other Medication to Avoid

*Affect blood clotting*

- 4-Way w/ Codeine
- A.C.A.
- A-A Compound
- Accutrim
- Actifed
- Anexsia
- Anisindione
- Anturane
- Arthritis Bufferin
- BC Tablets
- Childrens Advil
- Clinoril C
- Contac
- Coumadin
- Dalteparin injection
- Dicumerol
- Dipyridamole
- Doxycycline
- Emagrin
- Enoxaparin injection
- Flagyl
- Fragmin injection
- Furadantin
- Garlic
- Heparin
- Hydrocortisone
- Isollyl
- Lovenox injection
- Macrochantin
- Mellaril
- Miradon
- Opasal
- Pan-PAC
- Pentoxifylline
- Persantine
- Phenylpropanolamine
- Prednisone
- Protamine
- Pyrroxate
- Ru-Tuss
- Salatin
- Sinex
- Sofarin
- Soltice
- Sparine
- Stelazine
- Sulfinpyrazone
- Tenuate
- Tenuate Dospan
- Thorazine
- Ticlid
- Ticlopidine
- Trental
- Ursinus
- Virbamycin
- Vitamin E
- Warfarin

## Salicylate Medications to Avoid

*Affect blood clotting*

- Amigesic (salsalate)
  - Disalcid (salsalate)
  - Doan's (magnesium salicylate)
  - Dolobid (diflunisal)
  - Magsal
  - Pamprin (Maximum Pain Relief)
  - Mobigesic
  - Pabalate
  - Pepto-Bismol (bismuth subsalicylate)
  - Salflex (salsalate)
  - Salsalate
  - Salsitab (salsalate)
  - Trilisate (choline salicylate + magnesium salicylate)
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## Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

- Ackee fruit
- Alfalfa
- Aloe
- Argimony
- Barley
- Bilberry
- Bitter melon
- Burdock root
- Carrot oil
- Cayenne
- Chamomile
- Chromium
- Coriander
- Dandelion root
- Devil's club
- Dong Quai root
- Echinacea
- Ephedra
- Eucalyptus
- Fenugreek seeds
- Feverfew
- Fo-ti
- Garlic
- Ginger
- Ginkgo
- Ginkgo biloba
- Ginseng
- Gmena
- Goldenseal
- Gotu Kola
- Grape seed
- Guarana
- Guayusa
- Hawthorn
- Horse Chestnut
- Juniper
- Kava Kava
- Lavender
- Lemon verbena
- Licorice root
- Ma Huang
- Melatonin
- Muwort
- Nem seed oil
- Onions
- Papaya
- Periwinkle
- Selenium
- St. John's Wort
- Valerian/Valerian Root
- "The natural Viagra®"
- Vitamin E
- Willow bark
- Yellow root
- Yohimbe